



第二十四屆金山灣區華人運動大會

24th Taiwanese & Chinese American Athletic
Tournament of San Francisco Bay Area

<http://www.tcaat.org/>

切磋技藝齊強身 和睦團結全僑心

Volleyball Rules:

PLAYING FORMAT--Rally

Consequences of winning a rally

- A rally is the sequence of playing actions from the moment of the service hit by the server until the ball is out of play.
- If the serving team wins a rally, it scores a point and continues to serve
- If the receiving team wins a rally, it scores a point and it must serve next.

TO WIN A SET

A set is won by the team which first scores “**21**” points with a minimum lead of two points. In the case of a 20-20 tie, play is continued until a two-point lead is achieved (22-24; 23-21).

TO WIN THE MATCH (Three Sets per Match)

The team that wins **two** sets wins the match.

There must always be six players per team in play. The team’s starting line-up indicates the rotational order of the players on the court. This order must be maintained throughout the set.

Time Out

All time-outs that are requested last for 30 seconds.

Net Height

Placed vertically over the center line there is a net whose top is set at the height of 2.43 m (7’ 115/8”) for men and 2.24 m (7’ 41/8”) for women.

Co-Ed Rules

- When the ball is played more than once by a team, a female player shall make at least one of the contacts.

- At least two female players on the court.
- The height of the net for mixed-six play shall be 2.43 m.

DURING THE MATCH and while on the court, the team captain is the game captain. When the team captain is not on the court, the coach or the team captain must assign another player on the court, but not the Libero, to assume the role of game captain. This game captain maintains his/her responsibilities until he/she is substituted, or the team captain returns to play, or the set ends. When the ball is out of play, only the game captain is authorized to speak to the referees:

1. to ask for an explanation on the application or interpretation of the Rules, to ask authorization:
2. to change all or part of the equipment,
3. to verify the positions of the teams,
4. to check the floor, the net, the ball, etc.;
5. to request time-outs and substitutions.

The Referee

The referee directs the match from the start until the end. He/she has authority over all members of the refereeing corps and the members of the teams. During the match the referee's decisions are final. He/she is authorized to overrule the decisions of other members of the refereeing corps, if it is noticed that they are mistaken. The referee may even replace a member of the refereeing corps who is not performing his/her functions properly.

While the ball hit/touch wall or ceiling, referee has his/her right to make the decision of play continuing or dead ball situation.

****The Referee has the power to decide any matter involving the game including those not provided for in the Rules.****

Team Captain's Signature: _____ Date: _____



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Team Player List

Team Name: _____

Team Captain: _____

Number: _____ Name: _____ S: M__ F__

Number: _____ Name: _____ S: M__ F__

Number: _____ Name: _____ S: M__ F__

Number: _____ Name: _____ S: M__ F__

Number: _____ Name: _____ S: M__ F__

Number: _____ Name: _____ S: M__ F__

Number: _____ Name: _____ S: M__ F__

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